



IDS 104 Module Five Project Draft Guidelines and Rubric

Overview

In this assignment, you will explore key concepts related to goal setting, reflection, and information literacy. This draft of the project will help support you in completing the rest of your project and will help you apply your knowledge of concepts related to growth mindset.

Directions

You will continue working on the draft you began in Module Three. First, consult the Project Guidelines and Rubric to review the scope of the project. Then, using the same template from the Module Three Project Draft assignment, address the assignment prompts by completing Part Two in the Project Template you have selected.

Note: You only need to choose one template to complete this project. You should continue using the same template you selected in the Module Three Project Draft assignment. You can find the Project Template choices linked in the What to Submit section. You can find the Project Guidelines and Rubric linked in the Supporting Materials section.

Specifically, you must address the following rubric criteria:

Part Two: Growth Mindset

1. Explain how growth mindset shapes how you respond to **challenges or barriers**. Include the following:
 - A. Explain what growth mindset means.
 - B. Discuss why having a growth mindset might be important when responding to a challenge or barrier.
2. Discuss how receiving and providing **feedback** can help support your growth. Include the following:
 - A. What is the value of constructive feedback?
 - B. How do you use feedback to reach your goals?
 - C. What are strategies that can be used to frame feedback in a growth mindset?
3. Describe a **reflective strategy** to help manage a large change. Include the following:
 - A. Is this strategy meant to support personal, academic, professional, or community transitions?
 - B. How does this strategy support a large change?
4. Describe how **goal setting** can help promote flexibility when situations change.
5. Describe a time when you needed to **adapt to a new situation** and how you adjusted. Include the following:
 - A. What skills or strategies have you learned that you might apply if you were put in that situation again?

What to Submit

Submit either the [PowerPoint Project Template](#) or [Word Project Template](#). You must use the same Project Template you submitted in Module Three, and you will use the same template for the final project. For this assignment, you will complete Part Two. No sources are required.

Although Brightspace allows the addition of video notes in assignment submissions, you may not use the Video Note tool to complete this assignment.

Supporting Materials

The following resources support your work on this assignment:

[Project Guidelines and Rubric](#)

This resource provides an overview of the project

AI Usage

If you use gen AI tools to support your work on this assignment, be sure to follow [these AI usage guidelines](#). You must acknowledge your use of these tools in your work. Guidelines on how to cite AI tools can be found in [this Shapiro Library guide](#).

Module Five Project Draft Rubric

Criteria	Meets Expectations (100%)	Partially Meets Expectations (75%)	Does Not Meet Expectations (0%)	Value
Challenges and Barriers	Explains how growth mindset shapes how they respond to challenges or barriers, including explaining what growth mindset means and discussing why growth mindset might be important when responding to a challenge or barrier	Shows progress toward meeting expectations, but with errors or omissions; areas for improvement may include discussing how growth mindset can be related to overcoming challenges or barriers, including a definition for growth mindset, or discussing why growth mindset is important when responding to a challenge or barrier	Does not attempt criterion	18

Criteria	Meets Expectations (100%)	Partially Meets Expectations (75%)	Does Not Meet Expectations (0%)	Value
Feedback	Discusses how receiving and providing feedback can help support their own growth, including discussing the value of feedback, how they use feedback to reach their goals, and strategies that can be used to frame feedback in a growth mindset	Shows progress toward meeting expectations, but with errors or omissions; areas for improvement may include discussing how receiving feedback can help support their own personal, professional, or academic growth; discussing how providing feedback can help support growth; or identifying strategies to help frame feedback in a growth mindset	Does not attempt criterion	18
Reflective Strategy	Describes a reflective strategy to help manage a large change, including identifying whether the strategy is meant to support personal, academic, professional, or community transitions; and describing how this strategy supports a large change	Shows progress toward meeting expectations, but with errors or omissions; areas for improvement may include describing a strategy that might help manage a transition, identifying what type of strategy the transition supports, or discussing ways that the strategy might support the identified transition	Does not attempt criterion	18
Goal Setting	Describes how goal setting can help promote flexibility when situations change	Shows progress toward meeting expectations, but with errors or omissions; areas for improvement may include describing how setting a goal might help support flexibility specific to when situations change or evolve	Does not attempt criterion	18
Adapt to a New Situation	Describes a time they needed to adapt to a new situation and how they adjusted, including skills or strategies they learned that they might apply if they were put in that situation again	Shows progress toward meeting expectations, but with errors or omissions; areas for improvement may include describing how they adapted to a new situation or describing skills or strategies learned in the course that could be applied if they were put in a similar situation again	Does not attempt criterion	18
Clear Communication	Consistently and effectively communicates in an organized way to a specific audience	Shows progress toward meeting expectations, but communication is inconsistent or ineffective in a way that negatively impacts understanding	Shows no evidence of consistent, effective, or organized communication	10

Criteria	Meets Expectations (100%)	Partially Meets Expectations (75%)	Does Not Meet Expectations (0%)	Value
Total:				100%